

## Achievement Award Grade 6 — SABRE

## Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

- Maintain correct distance and when your partner Attacks to head, Parry Quinte and Riposte with a Circular Cut to chest
- 2 Maintain correct distance and choose the moment to make a step forward preparation and:
  - a. If your partner's arm straightens with the point in line, Beat Attack Direct with Fleche
  - b. If your partner fails to react, Attack with a Compound action on lunge
- 3 Choose the moment to Attack with a lunge to draw your partner's Parry-Riposte and Parry with a forward Recovery and Counter-riposte with Fleche
- 4 Maintain distance and when your partner Attacks, Parry and make a Compound Riposte

## From a stationary position:

- 5 Compound Attacks with the point
- 6 Indirect and Compound Derobements with the point
- 7 Successive Parries

## Describe:

- 1 Use of 'line' and Derobements
- 2 Counter-offensive actions
- 3 Fencing Time: single and multi-time actions
- 4 What is meant by taking the invitation and why this is important in the fight

Badges And Certificates Obtainable From:

Amateur Fencing Association

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