

Achievement Award

Grade 2—SABRE

Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

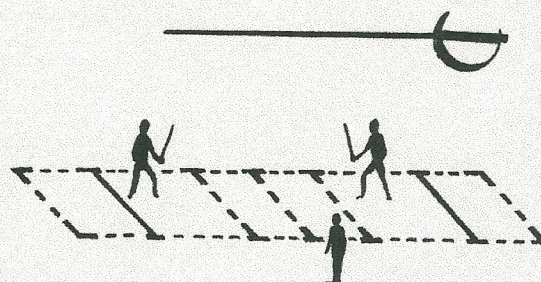
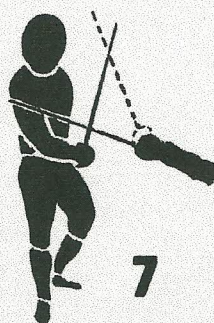
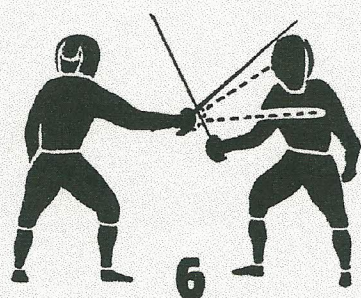
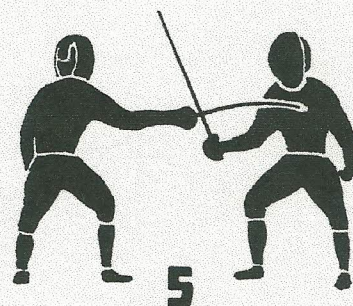
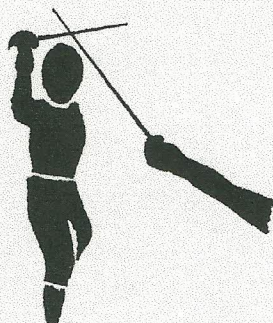
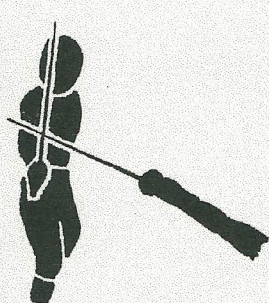
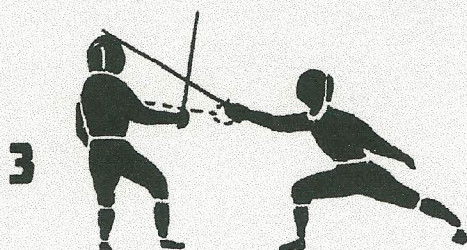
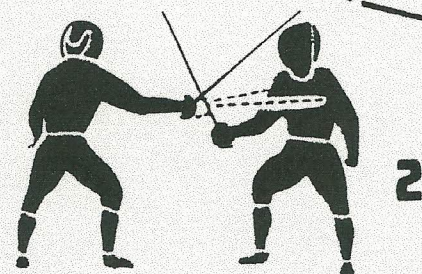
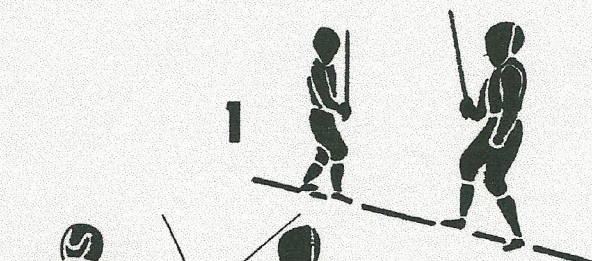
- 1 Maintain correct lunging distance
- 2 Maintain correct distance and Cut to Head, Flank and Chest without a lunge
- 3 Maintain correct distance and each time your partner pauses Cut to Head, Flank and Chest with a full lunge
- 4 Each time your partner Attacks with a lunge to Head, Flank or Chest, Parry Tierce, Quarte or Quinte with a Direct Riposte

From a stationary position:

- 5 Direct and Indirect hits with the point
- 6 Successive Cuts to Cheek, Head, Flank and Chest using various combinations
- 7 Indirect Cuts to Head, Flank and Chest

Describe:

- 1 Courteous and respectful behaviour and fencers "Pledge of Honour" (Articles 601, 602 & 603)
- 2 Parts of the Sabre
- 3 Dimensions of the Piste



Badges And Certificates Obtainable From:

Amateur Fencing Association

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AFA Secretariat, 1 Baron's Gate, 33/35 Rothschild Road, London W4 5HT
Tel: 081-742 3032