



Foiled Again Fencing Club
www.foiledagain.co.uk
British Fencing No: 31425



East Midlands Region

England Fencing

NEW REGULATIONS CONCERNING Fencing clothing

New equipment regulations come into force on 1 January 2006. This is for the increased safety of our sport. Also, after 1/1/2006, the consequence of continuing to use incorrect out-of-regulation equipment is that, should there be an accident which results in a claim for damages, both the individual's and the club's British Fencing insurance could be rendered void if it is found that out-of-regulation equipment was involved.

The requirement for electric completion at home events is as follows:

An 800N plastron with a 350N jacket & breeches, + long socks.

For those fencers entering FIE events the standard is 800N kit all round and a mask with a 1600N bib.

For non-electric fencing using non-electric blades (ie a 'steam' blade with button at the tip), a 350N plastron with a 350N jacket is adequate, with either breeches or track suit bottoms or jogging bottoms, as long as pockets are taped up



PS 'N' stands for Newton. A Newton is a unit of force that, acting for one second on a mass of one kilogram, gives it a velocity of one metre per second. Hence, 350N, 800N, and 1600N are measures of strength of resistance to the force of attacking blade points travelling at velocity.