



# Achievement Award

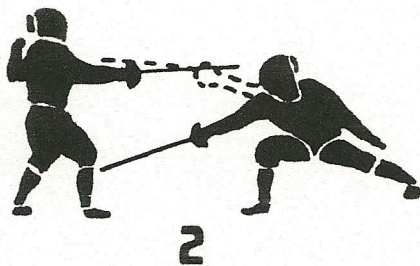
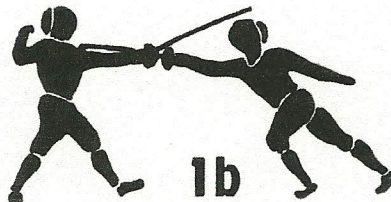
## Grade 9 — EPEE

### Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

- 1 Maintain step-lunge distance and step forward and feint to your partner's arm and:
  - a. Take the blade and attack to body in opposition with a lunge if your partner counter attacks to your arm
  - b. Attack to body with a Fleche if your partner moves away from the feint
- 2 Choose the moment to Beat Attack to your partner's arm with a lunge and make an immediate renewal to leg or foot
- 3 When your partner attacks to body, Parry with a step forward and Riposte with an Angulated hit in opposition at close distance

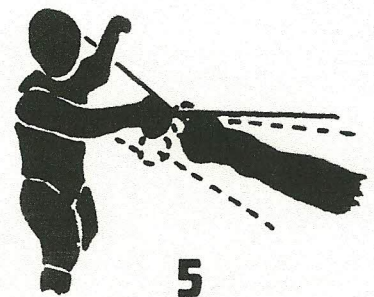
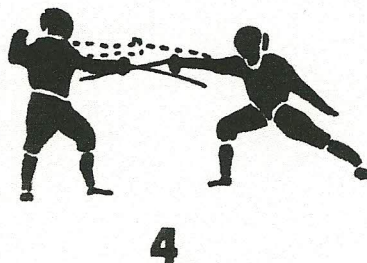
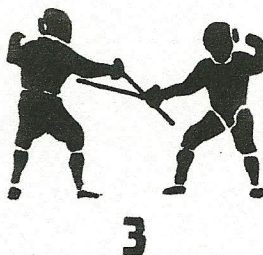


### From a stationary position:

- 4 Repetition hitting to all parts of your partner's wrist and arm and finish with a Parry and opposition Riposte when your partner attacks.
- 5 Successive opposition hits to your partner's body in Sixte, Octave & Quarte

### Demonstrate your ability to:

- 1 Fence your partner for 5 hits and explain how all the hits were scored; if your partner is successful in scoring hits, explain how you should have avoided them
- 2 Preside a fight for 5 hits
- 3 Give your partner a short "warm up" lesson with mobility, involving False Attack-Attacks, Counter Attacks to arm and body with and without opposition, single Parries with opposition Ripostes



Badges And Certificates Obtainable From:

**Amateur Fencing Association**

AFA Secretariat, 1 Baron's Gate, 33/35 Rothschild Road, London W4 5HT  
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