

East Midlands Fencing



## U13 East Midlands Fencer Development Training

A Fencer Development training programme aimed at bringing together fencers from across the East Midlands Region to train and spar together under the guidance of weapon specific coaches. Open to any fencer aged 8 to 12 who has completed a beginners course.

**Where** - Lee Westwood Sports Hall, Clifton Campus of Nottingham Trent University, Clifton Lane, NG11 8NS

**When** - Next session Saturday 8<sup>th</sup> October. 10am to 12pm

**Cost** - £10

**What you'll need** - Full electric kit, weapon and drink

**Booking** - is via the online booking and payment system

**Contact** - [EMCadets@gmail.com](mailto:EMCadets@gmail.com) for further information, future dates, and to be sent the link to the booking form.