

Foiled Again Newsletter

Your Voice

Thank you to everyone who took the time to complete the Club Survey. On the whole it seems you are happy with how Foiled Again operates but there are always things we can improve and new ideas to try.

FIGHT NIGHT- Last Thursday of every month

MASTER CLASS- Every 6th week we will focus on a specific technique/move.

WARM UPS- This is an important aspect of training from a safety point of view and to get the mind ready for fencing. We will vary warm up routines and tailor to make it relevant to fencing.

Please let us know if you have a particular topic or move that you think would be good to do in a Master class. This is your Club!

CLUB TRIP

You have two more weeks to let us know how you would like to celebrate the Club's 10 years anniversary. Options suggested so far are:

Special competition

Exhibition event

Trip to the Leeds Armory

We shall announce at the end of April plans to mark this special Birthday.

ALSO on sale for £6 are Foiled Again 10 year anniversary badges to wear on breeches, jackets, bags etc.

Events

FOIL- Master class- Feet & Blade Preparations for Attack & Defence

26 April 2014 - £25

Nottingham Trent Uni, Clifton Campus

SABRE- 24 May 2014

Venue TBC

EPEE- 21 June 2014

Venue- TBC

Armourer

Are you interested in learning a new skill?

Learn to be an Armourer.

21 June 2014 - £25

Nottingham Trent Uni, Clifton Campus

Easter Holiday

Foiled Again will be closed 17 April 2014.





Foiled Again Fencing Club
www.foiledagain.co.uk

British Fencing No: 31425

